

### Foot Facts

By Dr. Eric R. Tepper, Podiatrist

**"MY CHILD IS PIGEON-TOED"**

As soon as a child starts to walk, the parental concerns begin. A young child's legs and feet just don't look like an adult's, and those differences in appearance prompt most parents to wonder at one time or another, "Is my child walking okay?" One of the most common worries is that a child is pigeon-toed, or walking with the toes pointed inward toward each other. In most cases, parents should be reassured that this is quite normal. Many kids, especially pre-schoolers, walk with toes pointing in somewhat, and most outgrow the condition by the time they are eight or nine. In rare cases, however, in-toeing is accompanied by pain or difficulty walking, and surgery or other corrective measures may be necessary.

Our foot work hard for us no matter what our age. Treat yours with the kindness and consideration they deserve by pampering them with attention to their smallest aches and pains. In the long run, they'll thank you for it. We deal with all kinds of foot problems, whether they're caused by hereditary conditions, stress, injury, or disease. Call us when you are concerned about your children's feet or if your feet are causing you pain at 234-5571, at the Eagle Lake Community Hospital. I am there the first and third Tuesdays of the month.

P.S. Corrective shoes are rarely prescribed for pigeon-toe, as the problem is usually caused by rotation of the leg bones.

## Heritage House residents compete in Capital games



Several residents from Heritage House traveled to Austin Saturday to participate in the Capital Area Nursing Home Games. The event was held at St. Edward University.

The residents participated in several different events to include dominos, discus, shot put (throwing), and arts and crafts. The residents had a wonderful time.

Agnes Brast was the big winner. She won third place overall in arts and crafts. Her latch hook rug was a big hit. The staff and other residents are very proud of her.

Heritage House was also given honorable mention in the spirit contest. A great time was had by all, and expectations are high on returning next year.

A special thanks goes to the volunteers who helped out on Saturday. We couldn't have done it without you!



### Williams, Nelson to wed June 10

Mr. and Mrs. George Edward Williams of Garwood announce the engagement of their daughter, Anessa Ann, to Brian Scott Nelson of Fort Worth, son of Mr. and Mrs. Gerion Nelson of Bernardo.

The bride-to-be graduated from Rice High School and is currently attending Texas A&M University. She will graduate in May with a degree in interdisciplinary studies.

The future groom is a graduate of Columbus High School and Texas State Technical Institute in Waco. He is the owner of Nelson Welding Service in Fort Worth.

The couple plan to be married at 3 p.m. on June 10, 1995, at St. Mary's Catholic Church in Nada.

### Easter Expenses Got You Down?

We Make Personal Loans from \$100 to \$400

Phone applications welcome. Se habla Español.

**409-885-7987**

Specializing in Personal Loans  
Courteous & Friendly Service

REMEMBER... We Love to Say Yes!

**SECURITY FINANCE CORP.**  
418 Hwy. 90A, #11 Sealy

### ANNOUNCING A NEW ARRIVAL

**Elisabeth Emily Hill**

Mr. and Mrs. Lou Hill of Cincinnati, Ohio, announce the birth of their daughter, on March 14, 1995, at 7:27 p.m. at Mercy Hospital Anderson.

Elisabeth Emily weighed 10 pounds and measured 21-1/2 inches at birth.

She was welcomed home by a brother, Nathanael Joseph; 5, and Catherine Cheryl, 2-1/2.

Maternal grandparents are Mr. and Mrs. Louis William (Bill) Stiles Jr. of Eagle Lake. Paternal grandfather is Mr. Luton Buford Hill of Boco Raton, Florida.

Great-grandparents are Otilia Schott of Hallettsville and R. Lois Stiles of Houston.

The mother is the former Emily (Schott) Stiles.

## OBITUARIES

### Catherine Frederick

August 16, 1912 - April 5, 1995

Catherine Frederick, 82, of Rock Island died April 5, 1995, at Eagle Lake Community Hospital.

She was born August 16, 1912, in Houston, the daughter of Richard and Lula Leona Farmer Coleman.

Frederick had been a resident of Rock Island for 24 years.

She was united in marriage with Henry Joseph Frederick on November 27, 1931.

Frederick, a retired nurse, was affiliated with First Baptist Church in Rock Island and a member of A.A.R.P.

Frederick preceded in death by her parents; husband; a son, Harvey Joe Frederick; a grandson; and a great-granddaughter.

Survivors include two daughters and sons-in-law, Lala and Rex Watts of Luling and Idella and G.L. Henry of Rock Island; a son and daughter-in-law, Richard "Sonny" and Vicki Frederick of Columbus; three grandchildren; and five great-grandchildren.

Funeral services were held April 8 at Henneke Funeral Home in Columbus with the Rev. Bob Allison officiating.

Burial followed at Odd Fellows Rest Cemetery in Columbus.

Palbearers were Norman Hooper, Marc Henry, Donald Loesch, Jay Baker, Butch Meyer, Eddie Hernandez, James Brooks and Wayne Vernon.

Henneke Funeral Home Inc., Columbus, was in charge of arrangements.

Sympathy is extended to the family in their loss.

### Lester W. Richter Sr.

June 10, 1922 - April 9, 1995

Lester W. Richter Sr., 72, of Columbus died April 9, 1995, at Gulf Coast Medical Center in Wharton.

He was born June 10, 1922, in Shaws Bend, the son of Henry and Annie Hayek Richter.

Richter was a lifetime resident of the Shaws Bend area.

He was united in marriage with Nola Richter on February 27, 1945.

Richter was a retired inspector for the engineering department of Texas Highway Department, where he worked for 36 years.

He was affiliated with St. Anthony Catholic Church.

Richter preceded in death by his parents and a brother, Adolph Richter.

Survivors include his wife, Nola Richter of Columbus; three daughters and sons-in-law, Judy and Charles Barret of Columbus, Janice and Walker Duncan of Altair and Joanna and Jim Guenther of Marble Falls; three sons and daughters-in-law, Lester Jr. and Sharon Richter of Kingwood, Lloyd and Janice Richter of Conroe and Leonard and Lisa Richter of Columbus; three brothers, Ernest of New Ulm, Louis of Lone Oak and Eddie Richter of Wharton; a sister, Leona New of Columbus; and 13 grandchildren.

Funeral services were held April 11 at St. Anthony Catholic Church in Columbus with the Rev. Dan Kahlich officiating.

Burial followed at Brune Cemetery in Shaws Bend.

Palbearers were Jim Guenther, Walker Duncan, Charles Barret, Jonathan Barret, Stephen Richter and Tim Liehardt.

Henneke Funeral Home Inc., Columbus, was in charge of arrangements.

Sympathy is extended to the family in their loss.

### Mary Frances Dehmer Wilson

January 19, 1933 - April 4, 1995

Mary Frances Dehmer Wilson, 62, of San Antonio, formerly of Alleyton, died April 4, 1995, in San Antonio.

She was born January 19, 1933, in Alleyton, the daughter of Louis Victor and Frances Lillie Kessler Dehmer.

Wilson had been a resident of San Antonio for six years.

She was united in marriage with Burton Robert Wilson on September 25, 1964.

Wilson was self employed as a retired dog breeder.

She was affiliated with St. Roch's Catholic Church in Mentz.

Survivors include two daughters and sons-in-law, Cynthia Knopp of Angleton and Theresa and Lawrence Sotoodeh of San Antonio; a son and daughter-in-law, Robert and Rose Wilson of San Antonio; three sisters, Adell Pasqua of Sugar Land, JoAnne Mrazek of Boling and Rebecca Marsalia of Eagle Lake; two brothers, Phillip of Sugar Land and Michael Dehmer of San Marcos; and two grandchildren.

Funeral services were held April 7 at St. Roch's Catholic Church in Mentz with the Rev. Dan Morales officiating.

Burial followed at St. Roch's Catholic Cemetery in Mentz.

Palbearers were Mark S. Pasqua, Paul A. Marsalia, J. Neal Marsalia, Lawrence P. Pasqua, Tim A. Mrazek and Robert J. Marsalia.

Henneke Funeral Home Inc., Columbus, was in charge of arrangements.

Sympathy is extended to the family in their loss.

### EAGLE LAKE COMMUNITY HOSPITAL

600 S. Austin Road Eagle Lake

#### PRIMARY CARE PHYSICIANS

- Family Practice/Obstetrics: Raymond R. Thomas, M.D., R. Russell Thomas, Jr., D.D.O., John C. Lane, M.D.
- Internal Medicine: Ravindra Kumar, M.D.
- Dentistry: John Myers, D.D.S., Physician Assistant: Lois Goodwin, P.A.-C., Nurse Practitioner: Helen Burchfield, R.N., FNP-C.

#### SPECIALISTS

(Holding Local Clinics)

- Cardiology: Ronald Mahoney, M.D., Earl Mangin, M.D.
- Gynecology: Richard Z. Hundley, M.D.
- Neurology: Nelson Berrios, M.D., Steven Croft, M.D., Herbert Edmundson, M.D., William Fleming, M.D.
- Orthopedic: Wayne Damm, M.D., Edwin Taegel, M.D.
- Dermatology: Steve Mahoney, M.D.
- Podiatry: Eric Tepper, D.P.M., Hal Anderson, D.P.M.
- Ophthalmology: John Huff, M.D.
- Plastic Surgery: Richard Vanik, M.D.
- Urology: Gary Appelt, M.D., Robert Hillery, M.D.

For Appointments or Information About Specialty Clinics, Call **409-234-5571** 800-926-7954

### Bible Verse of the Week

"For me to live is Christ, and to die is gain."

— Philippians 1:21

Submitted by Neddy Phillips

### Delco Electronics & Mobilnet

## SPRING SPECIAL!

Buy a Delco DE 610 Cellular Phone and get Free Activation AND 2 Months Unlimited Weekend Calling! FREE!

DE 610 Cellular Phone \$49.95 Value FREE!

**\$119.95**

Goodwrench Service LAKE MOTORS, INC.

234-5556

Authorized Sales Representative

### Blue Goose RESTAURANT

of Altair

SPECIALS... WOW!

FRIDAY & SATURDAY SPECIALS!

All You Can Eat! ... \$9.95

Quail, Froglegs, Catfish, Fried Shrimp

A Combination of Any Two... Any Night!

Served with French Fries, Salad & Dinner Rolls. Add \$1.00 for Baked Potato.

At the Junction of US 90A & US 71  
7 Miles West of Eagle Lake, 10 Miles South of Columbus off I-10

John & Elaine Fields, Owners 409-234-3597

## Wintermann Library memorials acknowledged

The Eula and David Wintermann Library gratefully acknowledges the following memorials.

In memory of Mrs. Alma Higgins Mr. & Mrs. Charles Spalinger. In memory of Mrs. Ruby Lee Smith: Mr. & Mrs. Charles Spalinger. In memory of Mrs. Ruth Anderson: Jean McInteer, Mr. & Mrs. Bill Wegenhoff, Gladys Gold, Ernest Mae Seaholm, Mr. & Mrs. Lloyd Spalinger, Mr. & Mrs. Gilbert Owen, Prairie Rice Inc., Mr. & Mrs. George Causey, Mr. & Mrs. Charles Spalinger, Earl Rodgers, Peggy Byrn, Dr. & Mrs. Bill Rhoades, Ted & Judy Reese, Denise & Chris Clark, Wes & Charla Reese & Sally Herman.

In memory of Mrs. Edna Hollas: Ernest Mae Seaholm, Peggy Byrn.

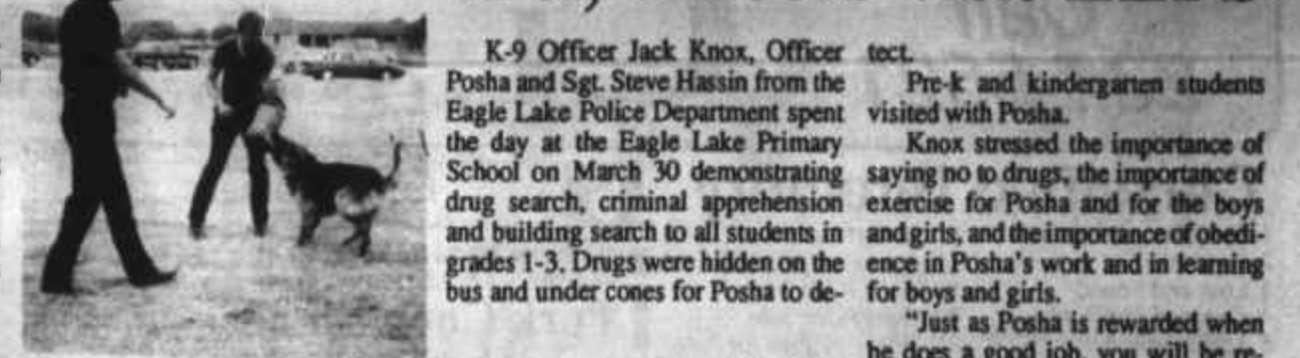
In memory of Catherine Clippson: Earl Rodgers, Mr. & Mrs. George Causey.

In memory of Gene Baker: Bruce Waddell, Mr. & Mrs. Dwight Hadley.

The Eula and David Wintermann Library also gratefully acknowledges the following honor donations:

In honor of David Wintermann: Daisy Aull.

## K-9, officers visit ELPS



K-9 Officer Jack Knox, Officer Posh and Sgt. Steve Hassin from the Eagle Lake Police Department spent the day at the Eagle Lake Primary School on March 30 demonstrating drug search, criminal apprehension and building search to all students in grades 1-3. Drugs were hidden on the bus and under cones for Posh to detect.

Pre-K and kindergarten students visited with Posh.

Knox stressed the importance of saying no to drugs, the importance of exercise for Posh and for the boys and girls, and the importance of obedience in Posh's work and in learning for boys and girls.

"Just as Posh is rewarded when he does a good job, you will be rewarded for working hard and learning," Knox told the students.

Hassin acted as the "criminal" in the demonstrations.

The students were also given the opportunity to view the police cars.

Photo Courtesy of Lynda Appelt

## Eagle Lake sees new birth

Reprinted by Permission of The Catholic Lighthouse March 1995 Issue

By Michael Lyons Correspondent

Born on Ash Wednesday, the parish of the Nativity began its rise from the remains of its two predecessors for welcoming its bishop March 6. "We are all children of God," said parishioner Marcy Salinas at the covered-dish supper in Andrew Hall. "The Lord is rejoicing tonight," Bishop David Fellhauer presided at the Monday evening Mass at Our Lady of Guadalupe sanctuary and congratulated the Eagle Lake Catholic community and its pastor, Father Eddie Winkler, "for urging the merger to come about. We can give thanks to God and adore God's blessings."

The former Our Lady of Perpetual Help and Our Lady of Guadalupe parishes combined on Ash Wednesday, March 1, and the Parish of the Nativity was established. Father Winkler, pastor of both parishes since 1992, said the two sanctuaries would continue to function and the liturgy schedule would remain the same. "There's no arguing that the books will be easier to manage," said 10-year parishioner Roger Olier, who lectures and ushers. "But one weekend, when Father Eddie had other commitments and we didn't have a priest, the shortage of priests impacted us in a real way."

With one pastor for both the territorial parish (Our Lady of Perpetual Help) and ethnic parish (Our Lady of



Substitute teacher Geraldine Saha and Teaching Assistant Jessie Banks were just as interested in the demonstration put on by Knox, Hassin and Posh as the students were. Pictured in the group are Ashley Parker, Amber Vasquez, Rogers Tillman, Roshanda Sims, Shaunte Rhodes and Daniel Posada.

Headlight Photo by Lynda Appelt

## Xi Pi Psi Festival art winners announced

Xi Pi Psi sponsored an art show held during the recent Attwater's Prairie Chicken Festival for students of Rice Consolidated High School, taught by Bonnie Williams, and Lamar Consolidated High School, taught by Sandra Berge.

Winners from Rice were: Ginger Ward, first; Sharon Pavlicek, second; Jill Saska, third; and honorable mention went to Ricardo Roque.

Winners from Lamar were: Ronnie Muriel, first; Sylvia Olejnikova, second; Brian Sosa, third; and honorable mention was won by Cordell Haws.

## SPORTS

### Chamberlain wins district in hurdles

Our Raiders competed in the District Track Meet on April 7 and 8 in Edna. We are very proud of the kids that competed and the results that we had. Congratulations on your efforts.

**Nikki Chamberlain is the District Champion in 300 m hurdles and will advance to the Regional Meet in Brenham on April 28-29. Congratulations Nikki!**

Other results were:

Varsity girls division  
100 m hurdles, Nikki Chamberlain, third, 15:38; Shea McClanahan, fourth 16:18; 300 m hurdles, Chamberlain, first, 46:79; 400 m relay, Rachelle Kallina, Chazara Scott, McClanahan and Chamberlain, fifth, 54:41; triple jump, Chamberlain, seventh, 32' 7-1/2"; McClanahan, fifth, 32' 11-1/2"; Kallina, eighth, 31' 3-1/2".

Competing, but not placing, were: Scott and Kallina in the 100 and 200 m dash; Jodi Heard and McClanahan in the high jump; Scott and Kallina in the long jump.

JV girls division  
shot put, Misty Tesch, fourth, 30' 7-1/4"; discus, Tesch, third, 92' 4"; 100 m hurdles, Amy Obenhaus, second, 18:12; 300 m hurdles, Obenhaus,

### This Week's Action!

Thurs., April 13 ..... Raider Varsity Baseball at Columbus, 7 p.m.\*  
Tues., April 18 ..... Raider Varsity Baseball vs. Sealy, Here, 7 p.m.\*  
Fri., April 21 ..... Raider Varsity Baseball at Bellville, 4:30 p.m.\*  
\*District competition

### 8th grade Lady Raiders place at district track meet

The Lady Raiders traveled to Brookshire Royal on April 1 to participate at the district track meet. The Lady Raiders have had a very successful season this year.

Placing at the district meet were: Rochelle Teague, sixth, 2400 m run, 10:39; Brianna Bedford, Lori Griggar, Syreeta Johnson and Tierra Wright, fourth, 400 m relay, 54:57; 100 m hurdles, Wright, first, 16:86; Bedford, third, 17:16; 400 m run, fifth, second, 54:79; 800 m run, Nerissa Brisco, second, 2:49:30; 400 m dash, Brisco, second, 71:62; Tesch, sixth, 76:75; Sammie Gertson, seventh, 75:4; long jump, Brisco, fourth, 13' 6-3/4".

Competing, but not placing, were: Gertson in the 200 m dash and long jump.

Total points, 51, earned them fourth place.

Varsity boys division  
3200 m run, Ricardo Roque, sixth, 11:52:94. Total points earned was one, the varsity boys placed eighth.

JV boys division  
3200 m run, Nicholas Teague, first, 11:13:38; Matt Jordan, fourth, 11:57:70; 1600 m run, Jordan, first, 5:15:00; Teague, second, 5:16:63; Fulton Dromgoole, third, 5:37:02; 800 m run, Pete Rangel, first, 2:17:46.

Competing, but not placing, were: 3200 m run, Dromgoole; 200 m dash, Pipskens and Jaymarcus Brooks; 400 m dash, Hodges, Taylor-Davis and Gertson; shot put, Pipskens and Gohlke; high jump, Gertson.

Total points earned was 69, giving the boys fifth place.

### Ring Services, Jewelry Repair Services, Ring Sizing, Ring Repair, Chain Repair, Bracelet Repair, Diamond & Colored Stone Replacing, Reproving, Retipping, Latch & Loop Buildup, Watch Batteries Changed

**K-D JEWELRY**  
704 S. S. McCarty, Eagle Lake  
234-5717

### W.A. Virnau & Sons, Inc.

Sealy: 885-3549 Sealy Direct: 234-5312

### Schindler LPG, Inc.

234-3314 Eagle Lake

### The First National Bank

Member F.D.I.C. Bank of Friendly Service Eagle Lake

### Lissie Flying Service

Farmer to Farmer Agriculture Flying  
Lissie, Texas 234-2482

### Eagle Lake Headlight

220 E. Main "Your Hometown Newspaper" 234-5521

### Rosenberg Eye Associates

713-344-9080

- Comprehensive team of specialists
- Ophthalmology
- Cataract Surgery
- Eye Disease
- Routine Eye Exams
- Glaucoma
- Laser Surgery
- Contact Lenses

1100 Herndon at Avenue H • Kroger Center

### Attend the Church of Your Choice...

LIVING HOPE CHURCH: Revs. Joe and Mercy Fling; 234-5536

TEMPLE BEREAN: 621 Maple Street, Eagle Lake. Rev. Romero.

ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840; Nick Williams, Pastor.

BETHLEEM DE JUDEA ASSEMBLY DE DIOS: 1000 East E Street, Eagle Lake.

SEALY ASSEMBLY OF GOD: 1140 Meyer St., Sealy; Warren Richardson, Pastor.

THE DAY OF PENTECOST APOSTOLIC REVIVAL: FM 102 S, Matthews, 4 p.m. (at Mt. Zion), Rev. R.L. Carter.

EAST BERNARD FIRST BAPTIST: Rev. Clifford Roser, David Mann.

FRIENDSHIP BAPTIST: N. Lake at E. Prairie, Eagle Lake, Rev. Earl Shover, Jr., Pastor, 234-5795.

GETHSEMANI BAPTIST MISSION: 901 B Street, Eagle Lake.

GREATERT MT. OLIVE BAPTIST: Rev. R. Kiser, Pastor, 705 Lake, Eagle Lake, 234-3545.

PROVIDENCE BAPTIST: 1207 E. State, Eagle Lake, Rev. Coby Shorter, 234-3735.

SHERIDAN FIRST BAPTIST CHURCH: 202 Old Altair Rd., Eagle Lake; Rev. One Rhodes; 234-3600.

CHURCH OF CHRIST: Sheridan, Texas.

NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.

CHRIST OUR REDEEMER - Charismatic: 478-7534, 478-6512, Jerry C. McKinney, Pastor.

HOLY CROSS CATHOLIC CHURCH: East Bernard. PARISH OF THE NATIVITY: Our Lady of Guadalupe Sanctuary: Guadalupe Terrace Addition; 7 a.m. (Español); 11 a.m. Our Lady of Perpetual Help Sanctuary: 310 N. Stevenson; 9 a.m. Father Eddie Winkler.

ST. MARY'S CATHOLIC CHURCH: Box 97, Nada, 758-3218. Rev. Magr. Victor G. Schmitzinsky, Pastor.

CHRIST EPISCOPAL: 306 E. Stockbridge.

EAGLE LAKE GOSPEL MISSION: Rev. Emil Burger.

GRACE LUTHERAN: 408 N. Stevenson, 234-3381; Rev. Robert E. Schrott.

LEHER MEMORIAL UNITED METHODIST: Garwood, Texas; Rev. Larry Bailey, Pastor.

LISIEE UNITED METHODIST: Sandra Kimbrow, Pastor; 234-2112; Lissie, Texas.

ROCK ISLAND METHODIST: Ken Sellers Jr., Lay Pastor.

UNITED METHODIST: Larry E. Bailey, Pastor, 300 W. Prairie.

FIRST PRESBYTERIAN: 106 E. State St., Eagle Lake, Dr. Richard H. Miller, Pastor.

VINE OF THE LORD: Frank Navens, Pastor.

FRIENDSHIP A.C.: 501 Wallace, East Bernard, First Church, Pastor.

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS: 600 West St., Sealy; Marshall Crosby, Branch Pres.

CHURCH OF CHRIST: 815 Milan, Columbus, Roy V. Palmer, Minister.

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS: 200 N. Lake, Eagle Lake, 234-3805; Miguel H. Amalano, Branch President.

THE SHEPHERD'S WAY: New denominational Christian Fellowship; 217 Main, Sealy; Paula Lucas, Pastor; 885-7879.

### Pharmacy & Your Health

### EAGLE LAKE DRUGSTORE

Steve K. Balas, RPh

702 South McCarty • Eagle Lake • 234-2502

- Patient Counseling • Accept Master Card, VISA, Discover & American Express •Insurance Plans: Blue Cross, NPA, PCS, Pro-Serve, Sanus, PAID, Texas Medicaid
- 24 Hour Emergency Phone: 234-3834

#### Low-Back Pain Treatment Guidelines

Acute low back pain (located in the small of the back) is one of the most common reasons for physician visits. In the U.S. the annual cost of caring for low back pain is about \$20 billion.

Moving heavy back pain is caused by excess physical activity, such as typically heavy jobs. Sometimes back muscles become contracted due to dehydration from excess sweating. Low back pain can be so intense that emergency care may be required. Recently the U.S. Department of Health and Human Services has released new guidelines to aid in the treatment of this type of pain. The guidelines are designed to move away from prolonged therapy. There is an emphasis on getting persons back to work and other normal activities as soon as possible. Five features of the guidelines include:

1. Bedrest for more than 4 days is not recommended.
2. Acetaminophen and nonsteroidal antiinflammatory drugs (NSAIDs) are safe and acceptable for low back pain.
3. Muscle relaxant medicines offer no benefit over NSAIDs used alone.
4. Oral steroids are not recommended for low back pain.
5. Manipulation of affected muscles by a physical therapist or chiropractor may be helpful.

### TODAY'S VISION

THE ONE TO SEE

713-342-3995

Dura Soft COLORED CONTACT Lenses Pres. \$169.00 INCLUDING EXAM

TWO PAIRS OF GLASSES \$69 \$25 \$75

1100 Herndon at Avenue H • Kroger Center